



** Please read the class descriptions on the following page for information about dancer eligibility for Ballet and Elective classes.

FALL 2024 SCHEDULE

	Monday			Tuesday			Wednesday			Thursday			
	Small Studio	Medium	Large	Small	Medium	Large	Small	Medium	Large	Small	Medium	Large	
4:00	Primary* Lauren 4:00-4:45			CM* Kaylin 4:00-4:45		Ballet 4 A/B* Renee 4:00-5:30							4:00
4:30								CM* Renee 4:15-5:00					
5:00				Primary* Kaylin 4:45-5:30	Boys Lauren 4:30-5:30			Ballet 3* Anna 4:30-5:45	Pointe Prep Lauren 4:30-5:30	Ballet 1* Lauren 4:30-5:30	Ballet 2* Kaylin 4:30-5:30	Ballet 4A Josie 4:30-6:00	5:00
5:30		Ballet 4B Lauren 5:00-6:30		DWM Kaylin 5:30-6:00		Intermediate Modern Nick 5:30-6:30							
6:00				Ballet 1* Kaylin 6:00-7:00	Ballet 2* Renee 5:30-6:30			Ballet 1* Renee 5:45-6:45	Contemporary Anna 5:45-6:45	Ballet 5 Lauren 5:30-7:00	Beg Modern Kaylin 5:30-6:30	Int Jazz Josie 6:00-7:00	6:00
6:30		Ballet 5* Jacque 6:30-8:00	Ballet 6/7* Logan 6:30-8:00		Adult Ballet Renee 6:30-7:30	Conditioning Nick 6:30-7:15							Ballet 3* Kaylin 6:30-7:45
7:00												Adv Jazz Josie 7:00-8:00	7:00
7:30						Advanced Modern Nick 7:15-8:30			Ballet 6 Lauren 7:00-8:30	Ballet 7 TBD 7:00-8:30			7:30
8:00		Allegro Logan 8:00-8:45	Variations Jacque 8:00-8:45										8:00
8:30													8:30

* (asterisk) indicates mandatory Nutcracker rehearsal class.

Levels 4 - 7 must be enrolled in 2 ballet classes in order to participate in The Nutcracker.

Nutcracker December 14/15, School Shows (Levels 4-7 only) Friday December 13.

No classes - Labor Day Monday September 2, Fall Break October 14-18, Thanksgiving Break November 27-29.

CLASS DESCRIPTIONS

All classes marked with an (*) are Nutcracker rehearsal classes. Levels 4-7 MUST be enrolled in two ballet classes to participate in The Nutcracker.

Dance With Me: Little ones and an accompanying adult (parent, grandparent, other caregivers) get to explore the joy of movement and music together through games. For children at least 3 years of age.

Creative Movement: Children will be introduced to dance through activities that focus on motor skills, musicality, and self-expression. Basic ballet concepts will be introduced. For children at least 4 years of age.

Primary: This level expands upon Creative Movement with more ballet introduced. For children at least 5 years of age.

Ballet Levels 1-7: A student's level is determined by many factors including age, strength, technique, maturity, and work ethic. Placement classes are available for new students to determine which level best suits their needs.

Pointe Prep: This class will focus on building strength and alignment needed for pointe work. Required for students before being approved for pointe shoes. Students currently en pointe may also enroll. Note that enrollment in this class does not guarantee being approved for pointe shoes, it is meant to help students prepare for pointe work. Many factors are considered for pointe readiness. *During the Spring Semester, this class will be Beginner Pointe ONLY for students starting pointe and will be required for students starting pointe.

Variations: Students will explore artistry and musicality through learning famous variations from classical ballets. For students levels 6 and 7.

Contemporary: An expressive style of dance that draws from a range of genres. for students levels 6-7.

Modern: Students will be introduced to modern dance styles such as Horton, Limon, and Graham. Improvisational games are also used for self-expression and exploration. **Beginning:** for students levels 2 and 3, **Intermediate:** for students levels 4 and 5, **Advanced:** for students levels 6 and 7.

Jazz: Students will work on technique to improve the power of their jumps and add multiple rotations in turns. **Intermediate:** for students levels 4 and 5, **Advanced:** for students levels 6 and 7.

Allegro: Intermediate/Advanced dancers will focus on the masculine ballet technique and conditioning. Will combine with Variations at times for Partnering class. For students levels 6-7 or by director placement.

Boys: This class will introduce boys to ballet and conditioning for dance. Designed for elementary aged students.

Conditioning: Dancers are artists and athletes. Exercises in this class are catered to dancers to help them improve their technique and maintain healthy bodies. For students levels 5-7.

Adult Ballet: Short session classes for adults. All experience levels are welcome!